



## Kupu whakamārama

He kaupapa mahi kai tēnei mā ngā tamariki, he kaupapa whāngai tangata hoki. Ka ako te tamaiti i te mahi hanuwiti, i te horoi ringaringa, i ētahi rerenga reo Māori hoki mō te kai.

### Ko ngā taputapu:

- He papa parāoa
- He naihi
- He pereti
- He pene rākau, he pene whītau
- He pepa hei tā pikitia, hei tuhi kōrero hoki.

### Ko ngā kai:

- He parāoa
- He pata
- He kīnaki (pata pīnati, tiamu, mīere...)





## Ko ngā kupu hou

Hanuwiti / Hanawiti	Sandwich	Haumaru	Safe, safety
Hēkona	Seconds	Horoi	Wash
Kapo, Kapohoia	Take (a photo)	Kīnaki,	Condiment /sandwich spread
Mātaki	To watch, view	Mīere	Honey
Naihi	Knife	Papa parāoa	Bread board
Pata	Butter	Pata pīnati	Peanut butter
Parāoa	Bread	Pereti	Plate
Tapahi	To cut	Taputapu	Equipment
Tiamu	Jam	Tito	To Compose
Whakarite	Prepare	Waihanga	Create

# Ko ngā mahi mā ngā tamariki:

I te tuatahi, me pātai atu ki tētahi pakeke, ki tētahi tuakana rānei kia tikina atu he waea pūkoro ki te kapo i ēnei mahi, hei ataata maumahara mō Māmā, mō Pāpā, mō te whānau katoa.



Hei mahi mā ngā tamariki me ngā pakeke:

## Hei Mahi 1

1. Mātakitakina te ataata "[Hanuwiti Papai Rawa](#)" (kia rua ngā wā pea)
2. Me horoi e te tamaiti ūna ringa mō ngā hēkona 20. Me waiata tētahi waiata pērā i "Horoi i ōku ringa e..."
3. Mā te tamaiti e tiki atu, e rapu rānei ngā taputapu me ngā kai.
4. Whakatikahia tētahi wāhi whakarite kai mō te tamaiti. Kātahi, waiho māna e mahi (otirā, tiakina kia haumaru ai). Anei he tauira reo:
  - "He aha te mahi tuatahi?"
  - "He aha te mahi ināianei?"
  - "Whakamāramatia mai."
5. Kapohia he whakaahua, he ataata hoki o ngā mahi, hei whakaatu ki tōna pouako, kura rānei.

## Hei Mahi 2

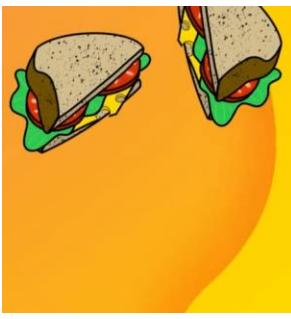
Tamariki mā, tuhituhia he kōrero kia whakamārama atu i te mahi hanuwiti.

Anei tētahi tauira:

**Te Mahi Hanuwiti**

I te tuatahi @ @ ~~~~  
 @ @ @ ~~~~ ~~~~  
 ~ ~ ~ ~ ~ .  
 Kātahi i ~ ~ ~ J ~~~~  
 G ~ ~ ~ ~ ~  
 I te tuatoru ~ ~ ~ G ~  
 ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~  
 I te mutunga i kai ahau!  
 Herēka taku hanuwiti !!!

**Ministry of Education** | **Te Kawanatanga o Aotearoa**  
 New Zealand Government



# Te Mahi Hanuwiti



---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

